

S2 PHSE COURSE - 2013/14

Month	Week No	Lesson Title	Aims of Lesson	Resources
August	1 <i>19 Aug</i>	Settling In	<ul style="list-style-type: none"> • Reflect on experiences in S1 • Planning ahead • Partner / Group work 	Now you are in second year part 1 and part 2
''	2 <i>26 Aug</i>	Introduction: Reflecting on pupil experiences	<ul style="list-style-type: none"> • Discussion Election of class captains	
September	3 <i>2 Sept</i>	Introduction: Reflecting on pupil experiences Class captains		
	4 <i>9 Sept</i>	Risky Situations and Internet Safety	Introduce pupils to the idea of risks always having consequences through teacher led discussion, media and worksheets	You Think You Know website and programme Risky Situations video and workbook Storyboard posters/pens Matt's Story COPD website (child Protection) Various media clips
	5 <i>16 Sep</i>	Risky Situations and Internet Safety	<ul style="list-style-type: none"> • Discuss various topics which involve risk taking • Explore risky situation scenarios through use of storyboards and present to class 	
	6 <i>23 Sept</i>	Risky Situations and Internet Safety	Pupils will be introduced to a variety of child abuse situations through the use of the internet and discussion will take place on how this can be avoided where to get appropriate support	
	7 <i>30 Sept</i>	Risky Situations and Internet Safety		
October	8 <i>7 Oct</i>	Passport To Health	<ul style="list-style-type: none"> • Pupils will develop an understanding of how a: • Balanced Diet promotes good health and well being • Unbalanced Diet and how it can contribute to eating disorders by using discussion and research 	Interactive powerpoints Internet
	9 <i>14 Oct</i>	HOLIDAY		
HOLIDAY	10 <i>21 Oct</i>	Challenging homophobic language, prejudice and bullying	At the end of the topic pupils should be able to : Understand the different use of the word gay Appreciate that people are different and celebrate this difference Understand how homophobic bullying affects people	FIT DVD and Resources
	11 <i>28 Oct</i>	Challenging homophobic language, prejudice and bullying	Identify the different forms of bullying Understand more of the perceptions and stereotypes that persist about gay people	

November	12 4 Nov	Challenging homophobic language, prejudice and bullying	Understand some of the implication For people wellbeing by hiding themselves Identify positive steps everyone can take to ensure acceptance and equality for all	
	13 11 Nov	Challenging homophobic language, prejudice and bullying		
	14 18 Nov	Challenging homophobic language, prejudice and bullying		
	15 25 Nov	Challenging homophobic language, prejudice and bullying		
December	16 2 Dec	Volatile Substance Misuse, Alcohol and drugs	Pupils will be introduced to a range of activities to ensure they are <ul style="list-style-type: none"> Understand the nature of VSM 	Buzzin DVD and resource pack Buzzin extended activities C, D and F Internet reseach Posters Powerpoint Presentation
	17 9 Dec	Volatile Substance Misuse, Alcohol and drugs	<ul style="list-style-type: none"> Recognises the risks associated with VSA Understand the effects of VSA of HWB short and long term 	DVD Alcohol – Our social drug Internet Research Buzzin Pack Task G, H and 1
	18 16 Dec	Volatile Substance Misuse, Alcohol and drugs	<ul style="list-style-type: none"> Recognise factors that can influence a young persons decision to engage in VSA Investigate, reflect and discuss issues relating to personal safety 	
	19 23 Dec	<h1>Holiday</h1>		
	20 30 Dec			
January	21 6 Jan	Volatile Substance Misuse, Alcohol and drugs	<ul style="list-style-type: none"> Know how to share and talk about a problem Resist pressure from friends or peers to take risks know where to get help and advice 	Buzzin DVD and resource pack Buzzin extended activities C, D and F Internet reseach Posters Powerpoint Presentation
	22 13 Jan	Volatile Substance Misuse, Alcohol and Drugs	Pupils will develop their understanding of the use and misuse of a variety of substances including over the counter and prescribed medicines, alcohol, drugs, tobacco and solvents. They will explore and develop their understanding of the impact of risk taking behaviour and their life choices. The experiences and outcomes will enable pupils to make informed personal choices Continuation of Smoke in your eyes pack	DVD Alcohol – Our social drug Internet Research Buzzin Pack Task G, H and 1

	23 20 Jan	Personalisation and Choice	Preparation for Personalisation and Choice and the senior phase	Planning ahead and Goal Setting exercises Skills and Qualities My world of work website Careers Advisor visit Personalisation and Choice Booklet
	24 27 Jan	Personalisation and Choice		
	25 28 Jan	Personalisation and Choice		
February	26 4 Feb	Personalisation and choice		
	27 11 Feb	Smoking		Smoke in your eyes Pack DVD: Smoking – Our Deadliest Habit
	28 18 Feb	Smoking		
	29 25 Feb	Smoking		
March	32 4 Mar	Passport to Health,		
	33 11 Mar	Passport to Health,	Pupils will examine and develop an understanding of how exercise improves their health and wellbeing Pupils will participate the eh health fayre to access arrange of outside visitors Interactive Powerpoint Presentations	Health Fayre Interactive Powerpoint
	34 18 March	Positive Mental Health		
	35 25 March	Positive Mental Health	What is mental health Encouraging Positive mental Health	Positive Mental Health pack
April	36 1 April	Holiday		
	37 8 Apr	Holiday		
	38 15 April	Relationships, Sexual Health and Parenting	<ul style="list-style-type: none"> Pupils will be provided with accurate and 	Framework for Secondary Schools and Healthy Relationships, support pack , worksheets and pupil diary

	39 22 April	Relationships, Sexual Health and Parenting	<p>relevant information about the physical and emotional changes that young people will experience throughout their formative years and into adulthood</p> <ul style="list-style-type: none"> • Pupils will establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage • Pupils will be given the opportunity to develop personal and interpersonal skills that will enable them to make, and maintain, appropriate relationships within the family, with friends and watch the wider community • Pupils will be encouraged to reflect upon their beliefs, attitudes and values in relation to themselves and others within a moral , ethical and multi-cultural framework • Pupils will be encouraged to foster self esteem and self awareness and respect for themselves and others • Pupils will be given the opportunity to reflect on attitudes towards gender, sexuality, relationships and family life, an appreciation and respect for equality and diversity <p>Pupils will know how to access, where appropriate, agencies and services providing support for young people</p>	<p>The body Story video When Julia meet Wrappy DVD</p>
	40 29 April	Relationships, Sexual Health and Parenting		
May	41 8 May	Relationships, Sexual Health and Parenting		
	42 15 May	Relationships, Sexual Health and Parenting		
	43 22 May	Relationships, Sexual Health and Parenting		
	44 29 May	No Knives better lives	To encourage young people to think about violence in their communities.	
June	3 June	No Knives Better Lives	To challenge young peoples' attitudes to weapon crime. To explore young peoples' view of why young people carry knives.	
	10 June	No Knives Better Lives		
	17 June	No Knives Better Lives	To educate young people about the prevalence of knife crime in Scotland.	

Note – Pupils will be given homework regularly – in the form of information gathering

